

Hanover Improvement Society 57 South Main Street P.O. Box 106 Hanover, NH 03755

Swim Program Information

Each swimmer needs to bring swim suit, towel and goggles. Swimmers with shoulder length hair need to wear a hair tie. Disposable diapers are not allowed in the pool, swimmers need to use swim diapers. All swimmers must have changed into their swim suits ready to swim.

On the first day of the swim lesson for each swim session - all swimmers in their suits will meet five minutes before the start of their lesson in the corner by the WSI office located near the diving boards. When it is time to start the lesson, swimmers with their instructor, proceed to the men's or women's locker room take a quick rinsing shower and proceed out to the pool deck without their shoes on and meet their instructor on the pool deck.

All lessons, other than the first lesson, the swimmers will meet their instructor on the pool deck in the designated area assigned at the first lesson. Swimmers need to arrive on time, if a swimmer is more than 10 minutes late, the swimmer will NOT be allowed to participate in the lesson and will be considered absent.

Parents are welcome to view all lessons from the pool deck. Parents are not allowed in or near the water during the lesson. Exception: the parent in the "Parent & Tot" lessons who MUST BE in the water with the child.

Please watch for your swimmer at the conclusion of each lesson as the Instructors are not responsible for swimmers after the lesson has ended. Talk to your swimmer prior to the start of the lesson to make an arranged meeting place for you to meet at the end of the lessons.

Your swimmers instructor is available at the end of the lesson day which is Monday through Friday at 5:30 p.m. If this is not a convenient time for you to meet, please leave your name, phone number, swimmers name and which instructor you are trying to contact in the WSI room. The instructor will get in touch with you.

GENERAL LOCKER ROOM AND POOL DECK POLICIES

Clean shoes are to be worn around the pool area.

Take a rinsing shower before swimming.

Engaging in horseplay is not premitted.

Food, drink or glass bottles are not allowed on the pool deck. (Plastic water bottles are allowed) Only swim diapers are allowed in the pool.

Help everyone by making sure the area you used is cleaned up.

SWIMMING REGISTRATION INFORMATION

All classes are run on a minimum of 6 swimmers and a maximum of 10 swimmers. This is a Red Cross curriculum requirement. If a class is filled, your swimmer will be placed on a wait list.

SESSIONS CONSIST OF 2 CONSECUTIVE WEEKS.

SESSION REGISTRATION MUST BE COMPLETED BY FRIDAY BEFORE START OF SESSION.